



CABINET FOR HEALTH
AND FAMILY SERVICES
Department for Aging and
Independent Living

Regional Plans on Aging State Fiscal Years 2027-2029

Lake Cumberland
Area Agency on Aging and Independent Living

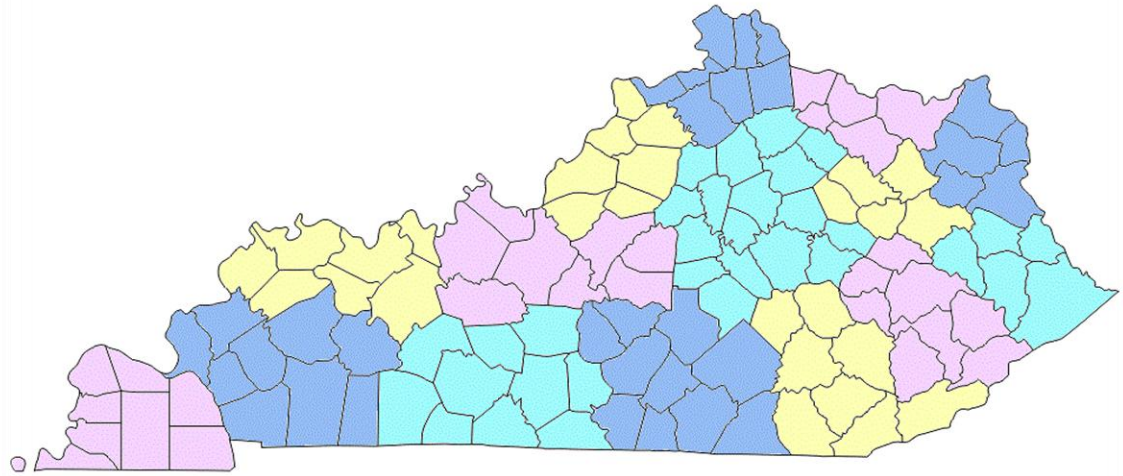


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I. Overview

The Area Plan is a public document that shall use clear and concise language to organize the information logically and should be easily understood by the public and aging network partners. The document shall be written to ensure accessibility by keeping the tone informative and providing visual aids such as defined charts, graphs, and diagram legends. The Area Plan shall be reflective of services provided in the planning and service area, the operations of the Area Agency on Aging, and of the goals of the aging network in the region.

In accordance with the Older Americans Act of 1965, as amended, Section 307(1)(A) require each area agency on aging designated under section 305(a)(2)(A) to develop and submit to the State agency for approval, in accordance with a uniform format developed by the State agency, an area plan meeting the requirements of section 306 of the Act. This format is to be used by area agencies on aging and independent living in developing an area plan for the administration and provision of specified adult and aging services in each planning area. The Area Plan required for State Fiscal Year 2027-2029 will be a three-year plan cycle.

Area plans are prepared and developed by the Area Agencies on Aging and Independent Living. Each agency is responsible for the plan for the multi-county planning and service area in which the agency is located. The area plan should reflect the efforts of the AAAIL:

Purpose

This Area Plan serves multiple purposes including, but not limited to:

- a. Provide tangible outcomes through planning and report achievement(s) based on long term efforts as set by the AAAIL.
- b. Provide data and outcomes of activities into proven best practices which may be used to ensure additional funding.
- c. Provide a clear framework regarding coordination and advocacy activities to meet the needs of the population served that have the greatest social and economic need.
- d. Provide goals and objectives that shall be implemented within the service plan timeframe.

The disaster plan and Senior Community Service Employment Program (SCSEP) are separate plans and not included in this plan. Separate instructions will be sent for those plans by the program coordinator.

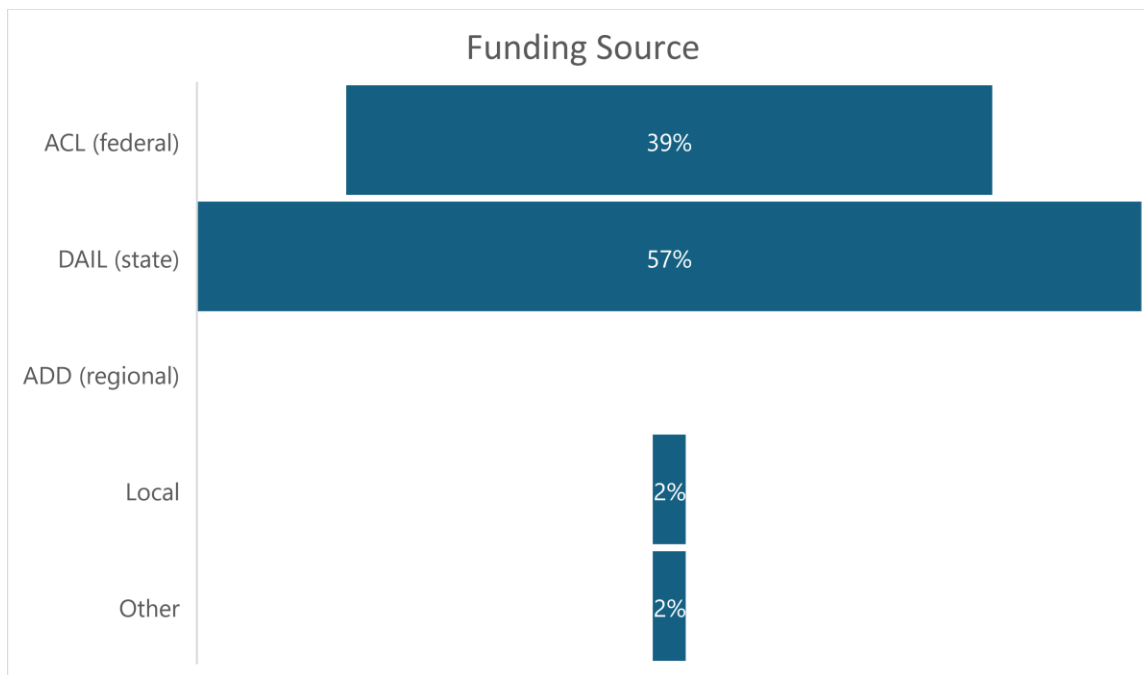
II. Glossary of Acronyms

AAAIL	Area Agency on Aging and Independent Living
ADD	Area Development District
ADL	Activity of Daily Living
DAIL	Department for Aging and Independent Living
FY	Fiscal Year
IADL	Instrumental Activity of Daily Living
K4A	Kentucky Association of Area Agencies on Aging
OAA	Older Americans Act
PSA	Planning Service Area
SCSEP	Senior Community Service Employment Program
SHIP	State Health Insurance Assistance Program
Title III B	Grants to states for Supportive Services and Senior Centers
Title III C	Grants to states for Nutrition Services
Title III D	Grants to states for Preventative Health Services
Title III E	Grants to states for Family Caregiver Support Program
Title V	Grants to states for SCSEP
Title VII	Grants for Ombudsman Services, Elder Rights and Abuse
VA	Veterans Administration

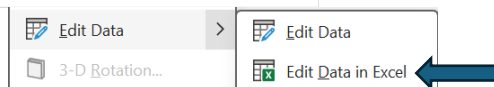
Additional acronyms may be added as needed.

III. Executive Summary

Description of Federal, State, and Local Aging Network Funding: Explain the aging network(s) funding received from the Administration for Community Living-Administration on Aging, Department for Aging and Independent Living, Area Agency on Aging, any local provider network.



Instructions: To update numbers-right click and choose Edit Data in Excel



The category of Other includes foundation grants/contracts, corporate grants/contracts, direct mail fundraising, fundraising events, fees for services, etc.

Overview: Please provide a short narrative or introduction which includes basic information about the agency and the area it serves.

The Lake Cumberland Area Development District, Inc. Est. 1969 serves ten counties which include: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne. LCADD is a planning agency charged by statute with providing various planning and administrative duties. Lake Cumberland Area Development District is charged with the responsibility of planning and administration of programs for the elderly. The Department for Aging and Independent Living expanded the name and thus responsibilities of the Area Agencies on Aging in Kentucky in 2007; now named Area Agencies on Aging and Independent Living (AAAIL). The Lake Cumberland ADD provides the following: Community Development Block Grant, Transportation, Workforce Investment Area and Planning. The area is composed of rural areas with the Lake area being the main recreational attraction.

Also include:

1. The relationship between the AAAIL and external contracts and the service enhancement provided.

LCADD procures for Homecare and Title III in-home supportive services, HDM's and Title IIIB Legal We find that with the Home delivered meals it was needed to be able to reach more clients. Our goal is to provide services to our aging population in our region so they can live independently.

2. The working relationship(s) between other agencies and organizations to better the lives of those served.

LCADD works with various agencies throughout our region. We partner with agencies to participate in health fairs, vaccine clinics, caregiver conferences. LCADD will continue building partnerships to serve our aging population.

3. Other activities provided by the AAAIL outside of DAIL funding.

The Lake Cumberland Area Development District's Older Adults Home Modification Program (OAHMP) grant concluded on September 30th, 2025/ LCADD received this \$740,000.00 grant during the pilot round of HUD OAHMP grant funding in 2021 ant the program began serving clients in 2022. LCADD served 119 homes. Exceeding the project's original goal of 104 seniors. The project was focused on supporting seniors' ability to live independently and safely to be able to age in place. LCADD will continue finding opportunities to serve our aging community.

Mission: A mission defines the organization, its objectives, and how it will reach these objectives.

The mission of Lake Cumberland Area Agency on Aging and Independent Living (LCAAAAIL) is to promote, plan and provide coordination of person-centered services for older adults, family members, caregivers, grandparents, persons with disabilities also resources to the public at large while advocating for services and the rights of older adults.

Vision: A vision details where the organization aspires to go.

Our is vision is to maintain, while striving to improve, the quality of life of Lake Cumberland's older adults and disabled individuals in and around our communities by providing supports, services and friendly assistance to meet the desired outcomes of our neighbors.

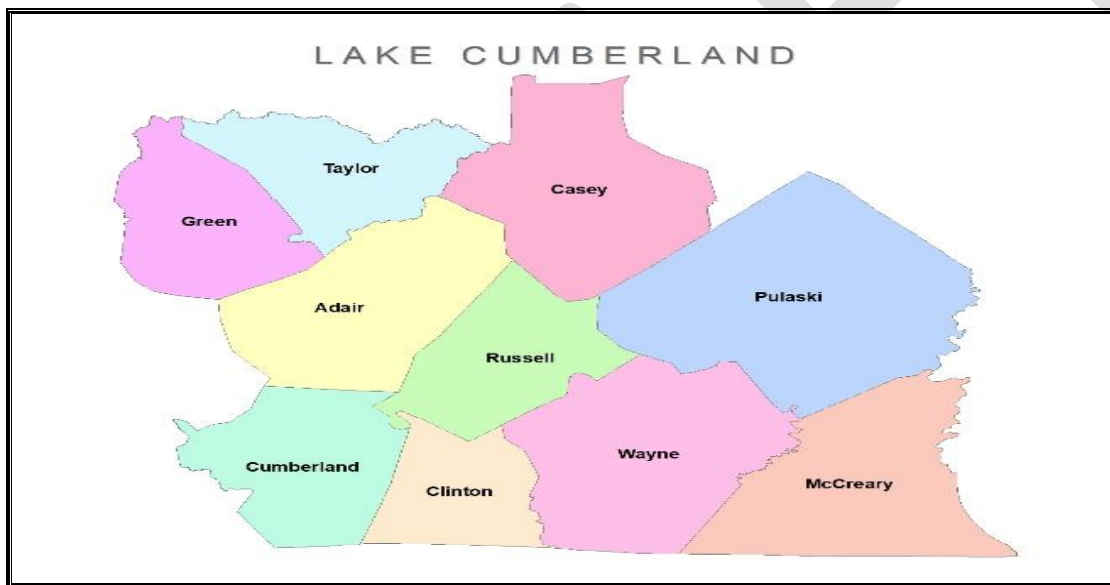
IV. Service Area

Define the geographic boundaries of the service region, ensuring to include the counties you serve and a map of the service region.

Description:

LCAAIL serves the Kentucky counties of Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor and Wayne. Our area boasts two broadly recognized lakes – Lake Cumberland and Dale Hollow Lake. Part of the Daniel Boone National Forest can be found in the Lake Cumberland area as well as many battle fields and other recognized monuments. Train enthusiasts enjoy visiting the Big South Fork Scenic Railway located in Stearns, KY

Map (insert picture here):



Staff Positions and Responsibilities: Include only management staff and include a separate organizational chart.

Position Title	Position Description	Position Responsibilities
Aging Director	Oversees the Aging Department staff and programs	Plans, organizes, directs, coordinates and evaluates all activities and programs of the department. Supervises all personnel assigned to the department. Prepares and approves required reports. Implements request

		for proposals during procurement process. Yearly monitoring for centers, provider and in-house staff. Responsible for administration of Older Americans Act and all other programs. Advocate for the aging population
Aging Financial	Oversees Aging financials	Prepares all invoices for the aging department that is submitted monthly to DAIL. OAAPS reporting, Helps prepare budget for the Aging Department.
Administrative Assistant/ ADRC backup	Administrative support. Assists ADRC when needed,	Prepares Council minutes, agendas, monitoring reports letters. Prepares letter and checks to be mailed to providers. Processes reimbursements for council members. Orders department supplies prepares P.O.s for the department. Helps ADRC when needed.
Homecare Coordinator	Supervisor of case managers for Homecare and Title III	Manages the Homecare Program for the ADD; manages client/Case Manager Grievance conflicts with subcontractors in collaboration with Department Director, etc. Manages and coordinates units of service. Promotes coordination between Title III and Homecare Program. Makes in-home monitoring visits as necessary to ensure services are being provided according with ADD and Commonwealth of Kentucky policies. Reviews all client files following an assessment/reassessment. Assists Case Managers and other staff with Aging Program's computer reporting system. Works with state agencies as needed. Performs all other duties as assigned.
SHIP Coordinator & Meal Specialist	Oversight of SHIP and HDM's Meal only clients	Provides assistance and information by phone call, office visits senior centers. Assists consumers during open enrollment. Attends health fairs for outreach Meal specialist receives Level one screening from ADR for meals only clients, does A-D assessment, completes reassessment. Sends referrals to MOMS meals. Upload meals reports sent by MOMS meals and enters Nutrition Education for meals only clients.
Ombudsman	Oversees all ombudsman operations	Organizes and implements active volunteer program. Prepares and submits reports for DAIL and SLTC in a format and time frame provided. Attends required training and provide ongoing in-service training for staff and volunteers of local programs.

		Participate in District's long-term care advisory council. Receive, investigate and resolve complaints on behalf of long-term care residents. Assist in the development of resident or family councils. Works to improve the lives of all residents by enhancing the quality of care, protecting the individual's rights and promoting the dignity of each resident that resides in a long-term care facility in the 10 county region.
Caregiver Coordinator	Oversees NFCP and Kentucky Caregiver program	Completes A-D assessments, reassessments, and all required documents needed to be eligible for the programs. Inputs client data and service data into computer system daily. With National and Kentucky Grandparent programs scheduling of a one day to shop event and prepares vouchers. Outreach is through health fairs and partnering with other agencies for Caregiver events. Accepts calls from clients with problems/frustration; refers to professionals as appropriate. Receives invoices; prepares payment requests; documents in client charts; records in daily log of expenditures; processes and mails check to providers.
ADRC	Intake for all ADRC calls	Answers all incoming calls and provide requested information. Collects all information on client intake, seeks needed resources for consumers. Maintains daily call log for ADRC. Enters all ADRC consumers in required data systems. Mails needed information to the consumers.
Case Managers (2)	Case manages all clients in our region	Performs in-home eligibility assessments and reassessments to determine eligibility and identify needs so that elderly clients can remain independently in their home. Development of plan of care using client's input of needs and implementation of services and resources. Makes in-home visits and/or telephone calls to clients to monitor needs. Receive and contact referrals for waiting list monthly; call referrals to assure need and notify placement on waiting list. Maintain active caseload not to exceed limits set by state regulation. Prepares and maintain current files on all clients; continually updates

		information in charts and files for monitoring purposes. Maintains knowledge of requirements for programs for the elderly.

add additional lines as necessary

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V. Profile of Service Area

Complete a demographic profile of your region with information provided from data collected and utilizing the [University of Louisville's State Data Center](#). To determine poverty rates please use this link: [poverty rates](#).

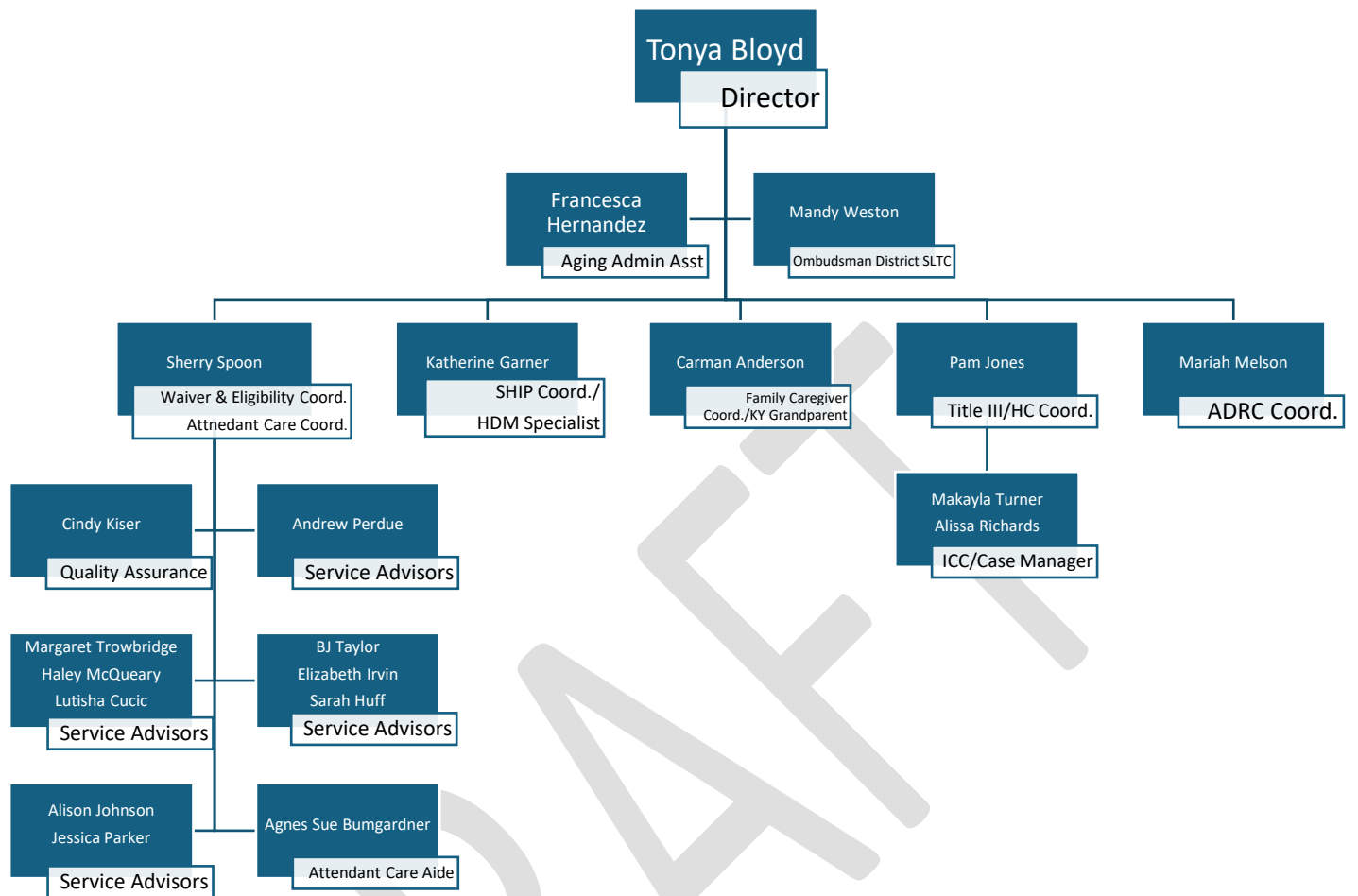
Description	Year of Data	Population	Percentage
60+ in the service area	2023	55,248	5.2
60+ with low income (see link above)	2023	10,017	18.1
60+ living in rural area(s)	2020	40,453	0.73
60+ minority	2023	2,289	4.1
60+ low-income minority	2023	480	0.9
60+ with limited English proficiency	2023	70	0.1
Grandparents/older relative raising child under 18	2023	2,919	2.2
60+ isolated or living alone	2023	13,793	25
60+ requiring 3 or more ADL/IADL*	2023	8,599	15.6

*ADL: feeding, getting in/out of bed, dressing, bathing, toileting.

*IADL: Meal preparation, light housework, heavy housework, laundry, shopping, taking medicine

Describe all credible sources used to determine the populations/percentages above.

LCADD utilized University of Louisville's State Data Center.



Funding Sources

List out all funding sources used to support older Kentuckians in the area. Please add additional lines and funding source types as necessary (Federal, State, Local Cash, In-kind, etc.). Previous state fiscal year should be used.

	Funding Source	Amount of funding	Funding Period	Type of funding
A	Title III B	295,831.41	FY25	Federal
B	Title III B	83,565.81	FY25	Federal ARPA
C	Title III B	183,283.00	FY25	State
D	Title III B	12,899.59	FY25	Local Cash
E	Title III B	5,914.08	FY25	Local In-kind
F	Title III B	1,018.99	FY25	Program Income
G	Title III B Ombudsman	13,407.76	FY25	Federal
H	Title III C1	515,612.04	FY25	Federal
I	Title III C1	73,512.00	FY25	State
J	Title III C1	2,865.96	FY25	Local Cash
K	Title III C1	24,872.35	FY25	Program Income
L	Title III C2	366,766.84	FY25	Federal
M	Title III C2	139,754.30	FY25	Federal ARPA
N	Title III C2	9,320.00	FY25	State
O	Title III C2	79,298.00	FY25	Local In-kind
P	ESMP- Expanded Senior Meals Program	359,009.33	FY25	State
Q	ESMP- Expanded Senior Meals Program	62.93	FY25	Local Cash
R	ESMP- Expanded Senior Meals Program	14,696.80	FY25	Local In-kind
S	Title III D	31,755.39	FY25	Federal
T	Title III D	10,426.71	FY25	Federal ARPA
U	Title III D	7,396.46	FY25	Inter Agency
V	Title III E	158,327.19	FY25	Federal
W	Title III E	23,648.50	FY25	Federal ARPA
X	Title III E	4,822.00	FY25	State
Y	Title III E	18,145.00	FY25	Local Cash
Z	Title III E	31,198.33	FY25	Local In-kind
AA	Homecare	647,982.47	FY25	State
AB	Homecare	39,914.82	FY25	Local Cash
AC	Homecare	1,508.09	FY25	Program Income
AD	Kentucky Caregiver	92,439.27	FY25	State

AE	Kentucky Caregiver	58.09	FY25	Local Cash
AF	State Long Term Care Ombudsman	65,074.47	FY25	State
AG	State Long Term Care Ombudsman	328.88	FY25	Local Cash
AH	Title VII Elder Abuse	3,110.53	FY25	Federal
AI	Title VII Elder Abuse	1,200.00	FY25	State
AJ	Title VII Ombudsman	8,757.13	FY25	Federal
AK	Title VII Ombudsman	3,633.00	FY25	State
AL	Medicaid ADRC	15,987.00	FY25	Federal
AM	Medicaid ADRC	15,987.00	FY25	State
AN	NSIP	122,738.61	FY25	Federal
AO	MIPPA AAA	19,687.70	FY25	Federal
AP	MIPPA ADRC	9,321.32	FY25	Federal
AQ	MIPPA SHIP	20,150.54	FY25	Federal
AR	SHIP	27,787.61	FY25	Federal
AS	SHIP	3.24	FY25	Local Cash
AT	PDS	2,262,281.00	FY25	State
AU	INNU	4,568.39	FY25	Federal
AV	OAHMP	667,992.63	Pilot Grant- 10/1/21-10/1/25	Federal

VI. Current Service Coverage Charts

List out all services provided and the respective funding sources to support older Kentuckians in the area. Previous state fiscal year should be used.

Supportive Services – Access Services					
Service	Offered	AAAIL service provider	Contracted service provider	Number of individuals served (previous SFY)	Funding source (use letter from funding source table above)
Assessment	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	256	A, B,C AA
Transportation: Congregate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	221	A, B,C,F
Transportation: Community	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Transportation: Escort	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	29	AA,AB
Homecare: Personal Care	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	90	A, B, C, D, AA,AB.AC
Homecare: Homemaker	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	185	A, B, C, D, AA,AB.AC
Homecare: Chore	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	15	A, B, C, D, AA,AB.AC
Homecare: Minor Home Repair	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	11	AA
Information and Assistance	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	496	A, B, C, AA
Legal Assistance	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	351	A, B,E

Nutrition Services					
Service	Offered	AAAIL service provider	Contracted service provider	Number of individuals served (previous SFY)	Funding source (use letter from funding source table above)
Congregate Nutrition	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1158	H, I, J, K
Grab and Go	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	1041	H,I, L,M,N
Home Delivered Nutrition	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	764	L,M,N,O,P,Q,R
Nutrition Education	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	1958	
Nutrition Counseling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

Health Promotion Services					
Service	Offered	AAAIL service provider	Contracted service provider	Number of individuals served (previous SFY)	Funding source (use letter from funding source table above)
Evidence Based Programs	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	466	S,T,U
Non-Evidence Based Programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

Caregiver for Older Adults

Service	Offered	AAAIL service provider	Contracted service provider	Number of individuals served (previous SFY)	Funding source (use letter from funding source table above)
Assessment	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	58	V,W
Information and Assistance	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	53	V,W
Counseling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Respite (in home)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	19	V,W
Respite (out of home day)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	1	V,W
Respite (out of home night)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Respite (other)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	23	V,W,Y,Z
Case Management	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	45	V,W
Support Groups	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		V,W
Supplemental Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	32	V,W

Older Relative Caregivers					
Service	Offered	AAAIL service provider	Contracted service provider	Number of individuals served (previous SFY)	Funding source (use letter from funding source table above)
Assessment	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		
Information and Assistance	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	46	V,W
Counseling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Respite (in home)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Respite (out of home day)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Respite (out of home night)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Respite (other)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Case Management	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	48	V,W
Support Groups	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	17	V,W
Supplemental Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	44	V,W

Other Services					
Service	Offered	AAAIL service provider	Contracted service provider	Number of individuals served (previous SFY)	Funding source (use letter from funding source table above)
Advocacy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Senior Center Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Mental Health Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Dementia Care Services	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Housing or Shelter Assistance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
SHIP	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	250	AR, AS
Elder Abuse Prevention	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		AH, AI
Telephone Reassurance	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Ombudsman Services	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	587	AJ, AK

Friendly Visitors	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
SCSEP	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Recreation	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	921	A,B, C
Homecare -Supplies	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	30	AA
OAHMP				119	AV

For additional programs please fill in under the "Service" heading

VII. Quality Assurance Process

The quality assurance process of service programs allows the AAAIL to highlight areas for continuous improvement by assessing program implementation and data collection. This will be obtained by the following measures:

- Needs Assessment
- Goals, Objectives, and Performance Measures

Needs Assessment: Describe all formats and sources used to evaluate the needs of the current AAAIL clients and those within the service area that are not currently receiving services for which they may be eligible. (include visual aid(s), survey results, etc.)

LCADD utilized the Kentucky needs assessment tool. It was sent to Senior Centers, Community partners, Aging Council, in home service clients. We sent out

Based on the needs assessment results above rank the service area's top three needs and how they are being addressed in this area plan.

Rank	Need	Expectation
1.	Remaining at Home Independently	We provide a wide range of services, they include in home services, home delivered meals, transportation to senior centers for nutrition and activities, resource packets, provide LCADD also Provide Farmers Market vouchers and senior commodities depending on location. LCADD works diligently to provide services for clients to be able to live safely and independently at home
2.	Housing	We provide assistance with housing applications and their assistance applications through our senior centers. LCADD piloted a grant through HUD- OAHMP that ended September 30, 2025 during the 4 years LCADD served 119 homes, modifications included grab bars, ramps and railings, improved lighting, smoke detectors and fire extinguishers, relocating laundry room upstairs. Each home improvement was approximately \$3,600.00. LCADD will continue to look for opportunities to help our regions aging population.
3.	Caregiving	We will continue to provide Caregiving services for Caregivers such as National Family Caregiver program which offers respite care and supplies and working on getting support groups for Caregivers. We also will continue to serve Caregivers raising

		children. We partner with our school resource centers, they provide support group meetings for caregivers raising children. The support groups are to help caregivers socialize with other caregivers to share their stories or concerns it helps them know that they are not alone
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Gaps, Barriers, Needs to improve service delivery:

Describe gaps, barriers, and needs for the current aging programs and clients
The needs assessment identified areas that need improving for our aging clients to remain independent. The concerns for remaining at home independently, housing and caregiving. The findings that were determined by the survey we will continue to further our resources to assist aging clients with remaining independent such as expanding the Farmers Market vouchers for healthy eating, continuing to look for grants for housing and promoting more resources for Caregivers. Our mission is to help identify gaps that our aging population are facing. Our goal is to fill those gaps with our services/resources and continue to fulfill their wishes to be able to remain in their homes.
Describe how the needs assessment and population data determine the future direction of the Area Plan and the aging program(s)
The information gathered will assist in determining the needs across our region. Data helps us prioritize services in an effort to work on the areas of concern. LCADD will continue to look at ways to enhance programs to assist with the greatest need in our region.

VIII. Goals, Objectives, Performance Measures, and Strategies

Every goal should be written utilizing the SMARTIE (Specific, Measurable, Attainable, Relevant, Time-based, Inclusive, and Equitable) objective with key performance indicators.

State Goal 1	Increase access to public transportation services for seniors aged 60+ and individuals with disabilities in rural communities.
Objective 1.1	By January 1, 2027, DAIL will establish and conduct quarterly partnership meetings with the Kentucky Transportation Cabinet Office of Transportation Delivery (KYTC OTD) to expand collaboration with the Human Services Transportation Delivery Program, ensuring the perspectives of rural seniors and individuals with disabilities are represented.
Outcome/Performance Measures	
<ol style="list-style-type: none"> 1. Strengthen collaboration between DAIL and KYTC OTD leading to expanded Human Services Transportation Delivery Program (HTTP) partnerships with four meetings per year beginning January 1, 2027. 2. Increased alignment of state-level efforts to improve transportation access for seniors and individuals with disabilities in rural communities with two new collaborative activities per year. 3. Inclusion of senior and disability advocates results in more equitable transportation planning by adding four advocates who are a senior or an individual with disabilities. 	
Strategies and Actions	
<ol style="list-style-type: none"> 1. Strengthen interagency coordination through structured quarterly meetings. 2. Engage state-level stakeholders to improve transportation accessibility. 3. Ensure representation from seniors and individuals with disabilities in transportation planning discussions. 4. Develop a standard meeting agenda including updates, collaboration opportunities, and transportation barriers identified by rural populations. <p>Invite representatives from DAIL, KYTC OTD, AAAIL, ADRCs, disability advocacy groups, and rural transportation providers.</p>	
Objective 1.2	By August 1, 2027, each Area Agency on Aging and Independent Living (AAAIL) will develop and distribute a county-specific transportation resource guide based on the Kentucky Transportation Cabinet's 2022–2045 Long-Range Statewide Transportation Plan, ensuring seniors and individuals with disabilities in every rural county have access to clear, accessible information about available public service transportation providers.
Outcome/Performance Measures	
<ol style="list-style-type: none"> 1. Seniors and individuals with disabilities in all rural counties have access to comprehensive, easy-to-read information about transportation options by August 1, 2027. 2. Increased awareness and utilization of available transportation services by providing county specific guides to each senior center in the region. 3. Reduced information gaps and barriers faced by rural residents who lack internet or transportation knowledge by providing each program participant access to the guide by August 1, 2027. 4. Upload digital versions to AAAIL and DAIL websites by October 1, 2027. 5. Conduct short feedback surveys to assess readability and usefulness by June 30, 2028. 	
Strategies and Actions	
<ol style="list-style-type: none"> 1. Create a standardized guide template (plain language, large print, and ADA-accessible digital format). 2. AAAILs collect county-specific details: provider names, service areas, eligibility rules, scheduling procedures, costs, and accessibility features which should include the caregiver can ride for free. 3. Use state transportation data to populate accurate, up-to-date provider listings. 4. Review the Kentucky 2022–2045 Long-Range Statewide Transportation Plan to identify active service providers in each county. 5. Collaborate with community partners to develop locally relevant, county-level guidance. 6. Finalize guides by May 1, 2027. 7. Distribute guides to senior centers, ADRCs, libraries, senior housing complexes, and disability service organizations. 	

Objective 1.3	By January 1, 2028, DAIL, ADRC, and local Aging staff will collaborate with existing rural transportation providers identified in the Kentucky 2022–2045 Long-Range Statewide Transportation Plan to create a strategic plan that increases bus/shuttle frequency and/or introduces alternative modes of transportation (rideshare, volunteer driver programs).
Outcome/Performance Measures	
<ol style="list-style-type: none"> 1. Increased ridership options among seniors and individuals with disabilities due to improved accessibility and service offerings will increase 10% from the baseline established in the 2022–2045 Long-Range Statewide Transportation Plan stakeholder surveys. 2. Establish at least 1 new transportation service option service in each planning service area by June 30, 2028. 	
Strategies and Actions	
<ol style="list-style-type: none"> 1. Identify rural transportation providers operating in the counties flagged in the 2022–2045 Statewide Plan. 2. Hold joint planning sessions to map service gaps, bus/shuttle frequency issues, and potential alternative transportation models. 3. Develop a written strategic plan that includes pilot opportunities, cost estimates, resource needs, and target populations. 4. Coordinate with volunteer driver programs, nonprofits, and rideshare companies (where feasible) to explore alternative mobility options. 	

K4A Goal 2	Launch statewide outreach awareness campaign for older adults and caregivers to expand awareness of the Aging program services and increase Aging program calls and referrals by 5% each fiscal year within the area plan (FY 27, 28, & 29) totaling 15% by the end of June 30, 2029.
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Goal 2 Objective 2.1	Create a unified statewide media packet for each district to use by December 31, 2026 for the statewide launch on January 4, 2027.
Outcome/Performance Measures	
Each ADD district will use the statewide database, Mon Ami, to track the number of calls and referrals on a monthly basis.	
Strategies and Actions	
1. Each ADD district distributes information flyers on Aging Program services from the media packet to all district senior centers, libraries, community centers, at community meetings, health departments, churches, doctor offices, and schools per quarter each fiscal year starting in January 2026. 2. Post information flyers on social media and in newspapers and radio on Aging Program services per quarter each fiscal year starting in January 2027.	
Goal 2 Objective 2.2	Utilize the ADRC program to help in tracking the progress on the outreach awareness campaign.
Outcome/Performance Measures	
Each District's ADRC will be able to utilize Mon Ami data to show the impact of the outreach awareness campaign during the referral process and by tracking the number of calls and referrals monthly.	
Strategies and Actions	
1. Develop and add a question to the ADRC intake referral process to capture how the public is hearing about ADD District's Aging Program by December 31, 2026. 2. Customize a date report in Mon Ami database to track this information by December 31, 2026.	
Goal 2 Objective 2.3	Each ADD District will increase their presence in the districts' community by calibrating often with current and new potential community providers.
Outcome/Performance Measures	
These activities will be tracked in Mon Ami database system by a Mon Ami customized report beginning on January 4, 2027.	
Strategies and Actions	

ADRC and Aging staff will focus on increasing 5% in attendance at activities for community events with current and new potential community partners each fiscal year.

K4A Goal 3

Increase volunteer involvement and new enrollment in each ADD district focusing on the Ombudsman, SHIP, and senior centers programs by 5% each fiscal year within the area plan (FY27, 28, & 29) totaling 15% by the end of June 30, 2029.

Goal 3 Objective 3.1 Launch a unified strategy statewide to attract new volunteers for the Ombudsman, SHIP and senior center programs through outreach and marketing efforts by December 31, 2026.

Outcome/Performance Measures

These activities will be tracked by Mon Ami database system and STARS program each quarter to focus on the impact of volunteer involvement and increase in hours volunteered starting on January 4, 2027.

Strategies and Actions

Host a recruiting event in-person or by zoom 1x a quarter in the Ombudsman, SHIP and/or senior center programs for each fiscal year in each ADD district starting on January 4, 2027.

Goal 3 Objective 3.2 Utilize the district's local senior centers, libraries, community centers, community meetings, health clinics, health departments, churches, doctor offices, and schools per quarter each fiscal year starting in January 2027 to promote to increase volunteer hours worked and track new volunteer enrollment.

Outcome/Performance Measures

These activities will be tracked by Mon Ami database system and STARS program each quarter to track the attendance/or volunteer enrollment/activities.

Strategies and Actions

Ombudsman, volunteer, center staff, or other Aging staff will schedule and conduct an education session 1x per quarter on the benefits of volunteering in the communities at district senior centers, libraries, community centers, community centers, community meetings, health departments, churches, doctor offices and schools per quarter beginning in January 2027.

Goal 3 Objective 3.3 Increase volunteer participation with current and new volunteers with appreciation & training strategies

Outcome/Performance Measures

These activities will be tracked by Mon Ami database system and STARS program each quarter to track the number of hours of training and volunteer activities starting January 4, 2027.

Strategies and Actions

1. Feature a volunteer of each quarter in your newsletter, social media, newspaper and/or radio to spotlight the programs, volunteer's story, what they do, and why they are valued starting January 4, 2027. 2. Invest in more training opportunities for volunteers to enhance effectiveness, efficiency, and appreciation by hosting training each quarter and yearly in service training and appreciation events for the SHIP, Ombudsman, and/or senior center program beginning in January 2027.

AAAIL Goal 4

Increase elder abuse awareness and awareness of services available to older adults in the Lake Cumberland area by 3% each fiscal year. FY27, 28 and 29.

Goal 4 Objective 4.1 Encourage agencies and community members that serve older adults to start adult maltreatment prevention councils in each county

Outcome/Performance Measures

Develop a new adult maltreatment council in one county that currently does not have one by FY28	
Strategies and Actions	
Visit senior centers in the ten-county area and network with agencies that cater to older adults and encourage the development of a council. Attend health fairs and events that attract older adults to find members.	
Goal 4 Objective 4.2	Increase education about elder abuse by
Outcome/Performance Measures	
Half of all older adults attending senior centers should know the phone number to report elder abuse or where to find it by end of FY28	
Strategies and Actions	
Active adult maltreatment councils visiting senior centers and doing activities with the seniors and educating the older adults about elder abuse. Develop an active Facebook page by end of FY28 that all older adults in the Lake Cumberland area can follow and stay up to date on community events for older adults and adult maltreatment prevention.	
Goal 4 Objective 4.3	Increase older adults participation/awareness in elder abuse awareness activities
Outcome/Performance Measures	
Increase attendance at Senior Centers by on a day when Adult Maltreatment Council attends and educates the older adults	
Strategies and Actions	
Add element of fun to the elder abuse awareness education. Adult maltreatment councils hold events every year that older adults look forward to attending to learn, socialize with other adults. Increase attendance by 3% each year FY28 and 29.	

AAAIL Goal 5	Senior Housing Needs Coordinate with LCADD's Community and Economic Development (CED) Department in continuing to address housing needs of seniors in the region.
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Goal 5 Objective 5.1	Strengthen internal staff capacity to address senior housing issues, questions,
Outcome/Performance Measures	
LCAAAIL staff members understand seniors' unique housing needs and are confident in discussing these issues with seniors and their caregivers.	
Strategies and Actions	
<ol style="list-style-type: none"> 1. LCAAAIL staff will receive training at least annually on senior housing, including seniors' unique housing needs, assistance programs, etc. This training may be provided by LCADD's CED Housing specialist and/or others familiar with senior housing. 2. Any major changes to the senior housing landscape or assistance offerings between annual trainings will be communicated promptly with LCAAAIL staff and additional trainings will be scheduled as necessary. 	
Goal 5 Objective 5.2	Continue regional efforts to improve seniors' ability to age-in-place at their own home.
Outcome/Performance Measures	
Seniors will be able to remain safely and comfortably in their own homes for longer, delaying or preventing the need for them to enter long term care facilities.	

Strategies and Actions	
<ol style="list-style-type: none"> 1. LCAAAIL will research, create, and maintain a list of programs and resources that provide home repairs, modifications, and other services related to aging-in-place improvements that can be distributed to seniors and their caregivers. 2. LCADD CED will continue to pursue funding to resume operations of its own senior home modification and repair program. 	
Goal 5 Objective 5.3	Continue regional efforts to preserve and enhance low-income senior housing units.
Outcome/Performance Measures	
LCAAAIL will collaborate with LCADD to continue efforts to assist in preservation and enhancement of low-income senior housing, such as through the Pulaski County Senior Housing Project.	
Strategies and Actions	
<ol style="list-style-type: none"> 1. LCADD will continue to work with The Ezekiel Foundation, Inc. (a nonprofit affordable housing developer) is the preservation and enhancement of 86 units of low-income housing in Pulaski County, including 18 units that are restricted to seniors. 2. LCAAAIL will partner with The Ezekiel Foundation, Inc. to provide information and services for seniors on-site at its Pulaski County apartment complexes, such as annual Medicare plan enrollment consultations, educating senior tenants about LCAAAIL's Services. 	

IX. Verification of Intent

The Verification of Intent acknowledges and dates that the authoritative parties have all reviewed and approve the AAAIL Area Plan for State Fiscal Years 2027-2029.

The Area Agency on Aging is hereby submitted for the Lake Cumberland ADD. That includes the following counties, Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell Taylor and Wayne for the period FY 2027-2029. It includes all assurances and plans to be followed by the Lake Cumberland ADD under provisions of the Older Americans Act, as amended during the period identified. The Area Agency on Aging identified will assume the full authority to develop and administer the Area Plan on Aging in accordance with all requirements of the OAA and related State policy. In accepting this authority, the Area Agency on Aging and Independent Living assumes major responsibility to develop and administer the Area Plan for the comprehensive and coordinated system of services and to serve as the advocate and focal point for older adults in the service area.

The Area Plan of Aging has been developed in accordance with all rules and regulations specified under the OAA and is hereby submitted to the State Unit on Aging (DAIL) for approval.

Waylon Wright
ADD Executive Director

Date

Tonya Bloyd
AAAIL Director

Date

Claude Tiller
Area Agency Advisory Council Chairperson

Date

Hershell Key
ADD Board Chairperson

Date

Attachment A

Contracts with Outside Organizations

List of all contracts with other organizations.

Important Note: All contractual relationships with an organization requires DAIL prior approval not less than thirty (30) days prior to signing of contract by the area agency and service provider.

Contract Organizations					
Name	Services provided (list all)	Units of services provided	Cost/Unit of Service	For profit	Non- Profit
Lifeline Homecare	Homemaking, Personal Care, Chore, Escort, Respite	8,767.28	\$49.90	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Lifeline Title III	Homemaking, Personal Care, Respite	2,346.52	\$8.25	<input checked="" type="checkbox"/>	<input type="checkbox"/>
MOMS meals	Home Delivered Meals	88,274.86	\$8.25	<input checked="" type="checkbox"/>	<input type="checkbox"/>
Appalachian Research & Defense Fund	Legal Aid	352.94	\$60.00	<input type="checkbox"/>	<input checked="" type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>
				<input type="checkbox"/>	<input type="checkbox"/>
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Attachment B

Waiver & Special Request Approvals

DIRECT SERVICE WAIVER REQUEST FOR THE PERIOD OF THE PLAN

Instructions: In accordance with Section 316 of the Older Americans Act (Chapter 35, 42 U.S.C. 3030c-3) Area Agencies on Aging will submit all the required items listed below to the Department for Aging and Independent Living when initially requesting to provide a service directly. Contact the appropriate Programs Field Representative for more information.

Statement of Request

Provide a separate request for each service (add additional tables as necessary)

Service	
Actions taken prior to determination of direct service provision	Lake Cumberland AAAIL is requesting a waiver to operate the Nutrition Program directly. The LCAAIL has been successfully operating the program since 20 and after formal advertisements in a regional newspaper, there were no providers interested to fulfill the procurement requirements. The LCAAIL feels we have made a “good faith” effort in this respect.
Name(s) of potential providers contacted and their responses	N/A
Name(s) of newspapers and/or publications and documentation of the announcement of the availability of funds	Commonwealth Journal- ran the weeks of March 4,2025 and March 10, 2025.
Scope of work	The LCAAIL will provide congregate meals in a 10-county area. The meals will be prepared at a Central Kitchen and transported to each Senior Center for congregate meals.

Service	
Actions taken prior to determination of direct service provision	
Name(s) of potential providers contacted and their responses	

Name(s) of newspapers and/or publications and documentation of the announcement of the availability of funds	
Scope of work	

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Attachment C

Area Advisory Council

This Council, mandated by the federal 1965 OAA and 910 KAR 1:220 (5), advises the AAAIL on all community policies, programs, and actions affecting older persons throughout the region. The Council also reviews and advises the AAAIL on its annual Area Plan, a report, and the needs assessment of services and assistance throughout the region required by DAIL.

At least half of the Council is composed of regional residents 60 years and older, including minority individuals, who participate in or are eligible for OAA Title III programs such as general support services, nutrition programs, and caregiver support. The remaining Council membership includes representatives of healthcare and support service providers, local officials, and other interested individuals.

Area Agency Advisory Council:

Council Member Name	Council role per 910 KAR 1:220 (5)(1)(b)	Term
Lynda Wilkerson	Representative private & voluntary service	2025-2028
Victoria Pike	Representative of older persons	2025-2028
Brenda Carmicle	Representative of older persons	2025-2028
Linda Lee	Representative of older persons	2025-2028
Val Lulaks	Representative of older persons	2024-2027
Christell Craft	Representative of older persons	2023-2026
Jill Davila	Representative of older persons	2023-2026
Kelly Easterling	Representative private & voluntary service	2024-2027
Linda Blankenship	Representative of older persons	2024-2027
Philip Cox	Vice Chairman	2025-2028
Teddy Coffey	Representative of older persons	2025-2028
Myrtle Coffey	Representative of older persons	2025-2028
Sheila Todd	Representative of older persons	2024-2027
Dr. Sandy Schuldheisz	Representative for health care & older persons	2024-2027
Desda Grider	Representative of older persons	2025-2028
Kathy Robertson	Representative of older persons	2025-2028
Earl Rodgers	Representative for older persons	2023-2026
Barbara Germain	Representative of older persons	2024-2027
Debbie Stringer	Representative of older persons	2023-2026
Claude Tiller	Chair	2024-2027
Euretha Godby	Representative for healthcare & older persons, representative of private and voluntary sectors with leadership experience	2025-2028

add additional lines as necessary

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Attachment D

Public Hearing: The AAAIL must seek public input with respect to the area plan by:

- Allowing the advisory council to aid the AAAIL in conducting public hearings to ensure that individuals of the greatest social and greatest economic need are included in the hearings.
- The advisory council shall review and provide comments related to the area plan to the area agency prior to the area agency's submission of the plan to the State agency for approval.

Date Area Plan available for review	Place available for review
February 9, 2026	LCADD website, LCADD office

Public Hearing		
Date/Time	Location/Method	Number of participants
February 23, 2026 10:00 a.m. CST	Russell County Senior Center	

Attachment E

Submission Instructions

1. Area Plan Important Dates:

Area Plan form released by DAIL	September 25, 2025
Area Plan Training Session 1	September 25, 2025
Area Plan Training Session 2	October 14, 2025
DAIL Office Hours	November 3, 2025. 11 am EST
DAIL Office Hours	November 12, 2025. 2 pm EST
DAIL Office Hours	December 11, 2025 2 pm EST
Area Plan Submission Date	March 1, 2026
Area Plan Presentation	April 25 and 26, 2026
Approval of Area Plans	May 1, 2026
Area Plans effective	July 1, 2026

2. Formatting Requirements

- The Area Plan document will be required to include all required fields in the template
- Include a footer listing the name of the Name of AAAIL/Region, Document year of plan
For example: *Department for Aging and Independent Living-Area Plan_2027-2029*
- You are encouraged to use pictures to help enhance the impact of your services when appropriate.

3. Electronic Submission

- Area Plans must be submitted electronically to the Department for Aging and Independent Living email at DAILAging@ky.gov by **March 1**.
- Signature forms must include a written signature and be submitted as an additional document along with the completed Area Plan.
- The electronic submission should include the following documents:
 - Completed Area Plan Document
 - Signature Forms with written signature
 - Other forms and charts as required

4. Presentation

- A virtual presentation of your Area Plan will be required as part of the approval process.
- Presentations should be 30 minutes and allow an additional 15 minutes for questions.
- Presentations will take place at a time and location to be determined.
- Plans will not be approved without a virtual presentation.

Attachment F

STANDARD ASSURANCES - OLDER AMERICANS ACT (OAA) Public Law 89-73, 42 U.S.C.A. § 3001, et seq., as amended

I) ORGANIZATIONAL ASSURANCES

1. SEPARATE ORGANIZATIONAL UNIT

If the Area Agency on Aging has responsibilities which go beyond programs for the elderly, a separate organizational unit within the agency has been created which functions only for the purposes of serving as the Area Agency on Aging.

2. FULL TIME DIRECTOR

The Area Agency or the separate organizational unit which functions only for the purposes of serving as the Area Agency on Aging is headed by an individual qualified by education or experience, working full-time solely on Area Agency on Aging functions and Area Plan management.

II) AREA AGENCY MANAGEMENT COMPLIANCE ASSURANCES

3. EQUAL EMPLOYMENT OPPORTUNITY (5CFR Part 900, Subpart F)

The Area Agency assures fair treatment of applicants and employees in all aspects of personnel administration without regard to political affiliation, race, color, national origin, sex, religious creed, age, or handicap and with proper regard for their privacy and constitutional rights as citizens. This "fair treatment" principle includes compliance with the Federal equal employment opportunity and nondiscrimination laws. These include Title VII of the Civil Rights Act of 1964, the Equal Pay Act of 1963, the Age Discrimination in Employment Act of 1967, the Rehabilitation Act of 1973, the Americans with Disabilities Act, and other relevant laws

4. EMERGENCY MANAGEMENT PLAN

The Area Agency has assigned primary responsibility for Emergency Management planning to a staff member; the Area Emergency Management Plan which was developed in accordance with the Kentucky Department for Aging and Independent Living (and hereafter DAIL) shall be reviewed at least annually and is revised as necessary. The Area Agency also assures cooperation subject to client need in the use of any facility, equipment, or resources owned or operated by the DAIL which may be required in the event of a declared emergency or disaster.

As in Sec. 306(a)(16) or (17), the Area Agency shall include information detailing how the Area Agency on aging will coordinate activities and develop long-range emergency response plans with local and State emergency response agencies, relief organizations, local and State governments, and any other institutions that have responsibility for relief service delivery.

5. DIRECT PROVISION OF SOCIAL SERVICES

No Title III supportive services, nutrition services, or in-home services are being directly provided by the Area Agency except where provision of such services by the Area Agency has been determined by the DAIL to be necessary in assuring an adequate supply of such services; or where services are directly related to the AAAIL administrative functions; or where services of comparable quality can be provided more economically by the Area Agency.

6. REVIEW BY ADVISORY COUNCIL

The Area Agency has provided the Area Agency Advisory Council the opportunity to review and comment on the Area Plan and operations conducted under the plan.

7. ATTENDANCE AT STATE TRAINING

The Area Agency assures that it will send appropriate staff to those training sessions required by the DAIL.

8. PROPOSAL FOR PROGRAM DEVELOPMENT AND COORDINATION

The Area Agency has submitted the details of its proposals to pay for program development and coordination as a cost of supportive services to the general public (including government officials, and the aging services network) for review and comment. The Area Agency has budgeted its total allotment for Area Plan Administration before budgeting Title III-B funds for Program Development in accordance with 45 CFR 1321.17(14).

9. COMPETITIVE PROCESS FOR NUTRITION PROVIDERS, SUPPORTIVE SERVICES PROVIDERS, AND FOOD VENDORS

- a) Nutrition providers and supportive service providers will be selected through competitive negotiations or a Request for Proposal process. Documentation will be maintained in the Area Agency files.
- b) Nutrition service providers who have a central kitchen or who prepare food on-site must obtain all food and supplies through appropriate procurement procedures, as specified by the DAIL.
- c) Food vendors will be selected through a competitive sealed bid process.
- d) Nutrition service providers who have a central kitchen or who prepare meals on-site must develop a food service proposal.
- e) Copies of all Requests for Proposals and bid specifications will be maintained at the Area Agency for review.

10. REPORTING

The Area Agency assures that it will maintain required data on the services included in the Area Plan and report such data to the DAIL in the form and format requested.

11. NO CONFLICT OF INTEREST

No officer, employee, or other representative of the Area Agency on Aging is subject to a conflict of interest prohibited under this Act; and mechanisms are in place at the Area Agency on Aging to identify and remove conflicts of interest prohibited under this Act.

III) SERVICE PROVISION ASSURANCES

12. MEANS TEST

No Title III service provider uses a means test to deny or limit receipt of Title III services under the Area Plan.

13. EQUAL EMPLOYMENT OPPORTUNITY BY SERVICE PROVIDERS

The Area Agency assures that service providers provide fair treatment of applicants and employees in all aspects of personnel administration without regard to political affiliation, race, color, national origin, sex, religious creed, age, or handicap and with proper regard for their privacy and constitutional rights as citizens. This "fair treatment" principle includes compliance with the Federal equal employment opportunity and nondiscrimination laws. These include Title VII of the Civil Rights Act of 1964, the Equal Pay Act of 1963, the Age Discrimination in Employment Act of 1967, the Rehabilitation Act of 1973, the Americans with Disabilities Act, and other relevant laws.

14. STANDARDS/GUIDELINES/POLICIES AND PROCEDURES

The Area Agency and all service providers will comply with all applicable DAIL standards, guidelines, policies, and procedures.

NOTE: No additional waiver of the Multi-Purpose Senior Center (MPSC) Standards is necessary IF the Area Agency has previously obtained such a waiver AND there have been no changes since the submission of the waiver request.

15. SPECIAL MEALS

Each nutrition program funded under the Area Plan is providing special meals, where feasible and appropriate, to meet the particular dietary needs, arising from the health requirements, religious requirements, or ethnic backgrounds of eligible individuals.

16. CONTRIBUTIONS

Older persons are provided an opportunity to voluntarily contribute to part or all of the cost of Title III services received under the Area Plan, in accordance with procedures established by the DAIL. Title III services are not denied based on failure to contribute.

The area agency on aging shall ensure that each service provider will-

- A. Provide each recipient with an opportunity to voluntarily contribute to the cost of the service.
- B. Clearly inform each recipient that there is no obligation to contribute and that the contribution is purely voluntary;
- C. Protect the privacy and confidentiality of each recipient with respect to the recipient's contribution or lack of contribution;
- D. Establish appropriate procedures to safeguard and account for all contributions; and
- E. Use all collected contributions to expand the service for which the contributions were given and to supplement (not supplant) funds received under this act.

Voluntary contributions shall be allowed and may be solicited for all services for which funds are received under this Act if the method of solicitation is not coercive. Such contributions shall be encouraged for individuals whose self-declared income is at or above 185 percent of the poverty line, at contribution levels based on the actual cost of services.

17. PERSONNEL POLICIES

Written personnel policies affecting Area Agency and service provider staff have been developed to include, but are not limited to, written job descriptions for each position; evaluation of job performance; annual leave; sick leave; holiday schedules; normal working hours; and compensatory time.

18. COORDINATION WITH TITLE V NATIONAL SPONSORS

The Area Agency will meet at least annually with the representatives of Title V Older American Community Service Employment Program (formerly SCSEP) sponsors operating within their Planning and Service Areas (PSAs) to discuss equitable distribution of enrollee positions within the PSA and coordinate activities as appropriate.

19. PREFERENCE IN PROVIDING SERVICES

The Area Agency on Aging provides assurance that preference will be given to services to older individuals with the greatest economic need and older individuals with the greatest social need, (with particular attention to low-income older individuals, including low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas) and include proposed methods of carrying out the preference in the Area Plan. [Section 305(a)(2)(E)]

IV) TITLE III, PART A ASSURANCES

The Area Agency on Aging assures that it shall --

20. Sec. 306(a)(2) - provide assurances that an adequate proportion, as required under section 307(a)(2), of the amount allotted for part B to the planning and service area will be expended for the delivery of each of the following categories of services-

- A. Services associated with access to services (transportation, health services (including mental health services), outreach, information, and assistance (which may include information and assistance to consumers on availability of services under part B and how to receive benefits under and participate in publicly supported programs for which the consumer may be eligible) and case management services;
- B. In home services, including supportive services for families of individuals who have a diagnosis of Alzheimer's disease and related disorders with neurological and organic brain dysfunction; and
- C. Legal Assistance; and assurances that the Area Agency on Aging will report annually to the State agency in detail the amount of funds expended for each such category during the fiscal year most recently concluded.

21. Sec. 306(a)(4)(A)(i) - provide assurances that the Area Agency on Aging will—

- (I) (aa) set specific objectives, consistent with State policy, for providing services to older individuals with greatest economic need, older individuals with greatest social need, and older individuals at risk for institutional placement;
- (bb) include specific objectives for providing services to low-income minority older individuals, older individuals with limited English proficiency, and older individuals residing in rural areas; and
- (II) include proposed methods to achieve the objectives described in items (aa) and (bb) of sub clause (I);

22. Sec. 306(a)(4)(A)(ii) provide assurances that the area agency on aging will include in each agreement made with a provider of any service under this title, a requirement that such provider will—

- (I) specify how the provider intends to satisfy the service needs of low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in the area served by the provider;
- (II) to the maximum extent feasible, provide services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas in accordance with their need for such services; and
- (III) meet specific objectives established by the Area Agency on Aging, for providing services to low-income minority individuals, older individuals with limited English proficiency, and older individuals residing in rural areas within the planning and service area; and

23. Sec. 306(a)(4)(A)(iii) - With respect to the fiscal year preceding the fiscal year for which such plan is prepared, the Area Agency on Aging shall—

- (I) identify the number of low income minority older individuals and older individuals residing in rural areas in the planning and service area;
- (II) describe the methods used to satisfy the service needs of such minority older individuals; and
- (III) provide information on the extent to which the Area Agency on Aging met the objectives described in clause (a)(4)(A)(i).

24. Sec. 306(a)(4)(B) - provide assurances that the Area Agency on Aging will use outreach efforts that will identify individuals eligible for assistance under this Act, with special emphasis on—

- (I) older individuals residing in rural areas;
- (II) older individuals with greatest economic need (with particular attention to low-income minority individuals and older individuals residing in rural areas);
- (III) older individuals with greatest social need (with particular attention to low-income minority individuals and older individuals residing in rural areas);
- (IV) older individuals with severe disabilities;
- (V) older individuals with limited English proficiency;

(VI) older individuals with Alzheimer's disease and related disorders with neurological and organic brain dysfunction (and the caretakers of such individuals); and

(VII) older individuals at risk for institutional placement; and

- (ii) inform the older individuals referred to in sub-clauses (I) through (VII) of clause (i), and the caretakers of such individuals, of the availability of such assistance;

25. Sec. 306(a)(4)(C) - provide assurance that the Area Agency on Aging will ensure that each activity undertaken by the agency, including planning, advocacy, and systems development, will include a focus on the needs of low income minority older individuals and older individuals residing in rural areas.

26. Sec. 306(a)(5) provide assurances that the Area Agency on Aging will coordinate planning, identification, assessment of needs, and provision of services for older individuals with disabilities, with particular attention to individuals with severe disabilities, and individuals at risk for institutional placement, with agencies that develop or provide services for individuals with disabilities.

27. Sec. 306(a)(6)(A) - take into account in connection with matters of general policy arising in the development and administration of the area plan, the views of recipients of services under such plan;

28. Sec. 306(a)(6)(B) - serve as the advocate and focal point for older individuals within the community by (in cooperation with agencies, organizations, and individuals participating in activities under the plan) monitoring, evaluating, and commenting upon all policies, programs, hearings, levies, and community actions which will affect older individuals

29. Sec. 306(a)(6)(C)

- (i) enter, where possible, into arrangements with organizations providing day care services for children, assistance to older individuals caring for relatives who are children and respite for families, so as to provide opportunities for older individuals to aid or assist on a voluntary basis in the delivery of such services to children, adults, and families;
- (ii) if possible, regarding the provision of services under this title, enter into arrangements and coordinate with organizations that have a proven record of providing services to older individuals, that-
 - (I) were officially designated as community action agencies or community action programs under section 210 of the Economic Opportunity Act of 1964 (42 U.S.C. 2790) for fiscal year 1981, and did not lose the designation as a result of failure to comply with such Act; or
 - (II) came into existence during fiscal year 1982 as direct successors in interest to such community action agencies or community action programs; and that meet the requirements under section 675(c)(3) of the Community Services Block Grant Act (42 U.S.C. 9904(c)(3)); and

30. Sec. 306(a)(6)(C)(iii) - make use of trained volunteers in providing direct services delivered to older individuals and individuals with disabilities needing such services and, if possible, work in coordination with organizations that have experience in providing training, placement, and stipends for volunteers or participants (such as organizations carrying out Federal service programs administered by the Corporation for National and Community Service), in community service settings;

31. Sec. 306(a)(6)(D) establish an advisory council consisting of older individuals (including minority individuals and older individuals residing in rural areas) who are participants or who are eligible to participate in programs assisted under this Act, family caregivers of such individuals, representatives of older individuals, service providers, representatives of the business community, local elected officials, providers of veterans' health care (if appropriate), and the general public, to advise continuously the area agency on aging on all matters relating to the development of the area plan, the administration of the plan and operations conducted under the plan;

32. Sec. 306(a)(6)(E) establish effective and efficient procedures for coordination of -

- (I) entities conducting programs that receive assistance under this Act within the planning and service area served by the agency; and
 - (ii) entities conducting other Federal programs for older individuals at the local level, with particular emphasis on entities conducting programs described in section 203(b) [42 USC § 3013(b)], within the area;
33. Sec. 306(a)(6)(F) – The Area Agency on Aging will in coordination with the State Agency on Aging (DAIL) and the State agency responsible for mental health services, increase public awareness of mental health disorders, remove barriers to diagnosis and treatment, and coordinate mental health services (including mental health screenings) provided with funds expended by the Area Agency on Aging with the mental health services provided by community health centers and by other public agencies and nonprofit private organizations;
34. Sec. 306(a)(7) - provide that the area agency on aging shall, consistent with this section, facilitate the area-wide development and implementation of a comprehensive, coordinated system for providing long-term care in home and community-based settings, in a manner responsive to the needs and preferences of older individuals and their family caregivers, by –
- (A) collaborating, coordinating activities, and consulting with other local public and private agencies and organizations responsible for administering programs, benefits, and services related to providing long-term care;
 - (B) conducting analyses and making recommendations with respect to strategies for modifying the local system of long-term care to better –
 - (i) respond to the needs and preferences of older individuals and family caregivers;
 - (ii) facilitate the provision, by service providers, of long-term care in home and community-based settings; and
 - (iii) target services to older individuals at risk for institutional placement, to permit such individuals to remain in home and community-based settings;
 - (C) implementing, through the agency or service providers, evidenced-based programs to assist older individuals and their family caregivers in learning about and making behavioral changes intended to reduce the risk of injury, disease, and disability among older individuals; and
 - (D) providing for the availability and distribution (through public education campaigns, Aging and Disability Resource Centers, the Area Agency on Aging itself, and other appropriate means) of information related to
 - (i) the need to plan in advance for long-term care; and
 - (ii) the full range of available public and private long-term care (including integrated long-term care) programs, options, service providers, and resources.
35. Sec. 306(a)(8) that case management services provided under this title through the area agency on aging will -
- (A) not duplicate case management services provided through other Federal and State programs;
 - (B) be coordinated with services described in subparagraph (A); and
 - (C) be provided by a public agency or a nonprofit private agency that -
 - (i) gives each older individual seeking service under this subchapter a list of agencies that provide similar services within the jurisdiction of the Area Agency on Aging;
 - (ii) gives each individual described in clause (i) a statement specifying that the individual has a right to make an independent choice of service providers and documents receipt by such individual of such statement;

- (iii) has case managers acting as agents for the individuals receiving services and not as promoters for the agency providing such services; or
 - (iv) is located in a rural area and obtains a waiver of the requirement described in clauses (i) through (iii); and
 - (v) is not located, does not provide, and does not have a direct or indirect ownership or controlling interest in, or a direct or indirect affiliation or relationship with, an entity that provides, services other than case management services under this title.
36. Sec. 306(a)(10) establish a grievance procedure for older individuals who are dissatisfied with or denied services under this subchapter;
37. Sec. 306(a)(11) – provide information and assurances by the Area Agency on Aging concerning services to older individuals who are Native Americans (referred to in this paragraph as "older Native Americans"), including-
- (A) information concerning whether there is a significant population of older Native Americans in the planning and service area and if so, an assurance that the Area Agency on Aging will pursue activities, including outreach, to increase access of those older Native Americans to programs and benefits provided under this title;
 - (B) an assurance that the Area Agency on Aging will, to the maximum extent practicable, coordinate the services the agency provides under this title with services provided under title VI; and
 - (C) an assurance that the Area Agency on Aging will make services under the area plan available; to the same extent as such services are available to older individuals within the planning and service area, to older Native Americans.
38. Sec. 306(a)(12) provide that the Area Agency on Aging will establish procedures for coordination of services with entities conducting other Federal or federally assisted programs for older individuals at the local level, with particular emphasis on entities conducting programs described in section 203(b)[42 U.S.C. § 3013(b)] within the planning and service area.
39. Sec. 306(a)(13)(A) - provide assurances that the Area Agency on Aging will maintain the integrity and public purpose of services provided, and service providers, under this title in all contractual and commercial relationships.
40. Sec. 306(a)(13)(B) - provide assurances that the Area Agency on Aging will disclose to the Assistant Secretary and the State Agency—
- (i) the identity of each nongovernmental entity with which such agency has a contract or commercial relationship relating to providing any service to older individuals; and
 - (ii) the nature of such contract or such relationship.
41. Sec. 306(a)(13)(C) - provide assurances that the Area Agency will demonstrate that a loss or diminution in the quantity or quality of the services provided, or to be provided, under this title by such agency has not resulted and will not result from such non-governmental contracts or such commercial relationships.
42. Sec. 306(a)(13)(D) - provide assurances that the Area Agency will demonstrate that the quantity or quality of the services to be provided under this title by such agency will be enhanced as a result of such non-governmental contracts or commercial relationships.
43. Sec. 306(a)(13)(E) - shall provide assurances that the Area Agency will, on the request of the Assistant Secretary or the State, for the purpose of monitoring compliance with this Act (including conducting an audit), disclose all sources and expenditures of funds such agency receives or expends to provide services to older individuals.

44. Sec. 306(a)(14) – provide assurance that preference in receiving services under Sec. 301 will not be given by the area agency on aging to particular older individuals as a result of a contract or commercial relationship that is not carried out to implement this title.
45. Sec. 306(a)(15)(A) - provide assurances that funds received under this title will be used - to provide benefits and services to older individuals, giving priority to older individuals identified in paragraph (4)(A)(i) (Section 306(a)(4)(A)(i); and
46. Sec. 306(a)(15)(B) – provide assurances that funds received under this title will be used in compliance with the assurances specified in paragraph (13)(Sec. 306(a)(13) in regard to commercial contractual relationships and the limitations specified in section 212 (42 U.S.C.A. § 3020c);
47. Sec. 306(a)(16) provide, to the extent feasible, for the furnishing of services under this Act, consistent with self-directed care;
48. Sec. 306(a)(17) – shall include information detailing how the area agency on aging will coordinate activities, and develop long-range emergency preparedness plans, with local and State emergency response agencies, relief organizations, local and State governments, and any other institutions that have responsibility for disaster relief service delivery;
49. Sec. 306(a)(18) shall provide assurances that the Area Agency on Aging will collect data to determine –
- (A) the services that are needed by older individual whose needs were the focus of all centers funded under title IV [42 U.S.C. § 3031 et seq.] as of fiscal year 2019, and
 - (B) the effectiveness of the programs, policies, and services provided by such area agency on aging in assisting such individuals.
50. Sec. 306(a)(19) provide assurances that the Area Agency on Aging will use outreach efforts that will identify individuals eligible for assistance under this Act, with special emphasis on those individuals whose needs were the focus of all centers funded under Title IV [42 U.S.C. §3031 et seq.] in fiscal year 2019
51. Projects in the planning and service area will reasonably accommodate participants, as described in the Act, and any special needs in accordance with the Americans with Disabilities Act and other state and federal law.
52. Sec. 306(c) If an Area Agency on Aging has satisfactorily demonstrated to the State agency that services being furnished for such category in the area are sufficient to meet the need for such services and had conducted a timely public hearing on such needs, then the State agency in approving the submitted area plan has waived further proof of the requirement described in Sec. 306(a)(2) for the term of that area plan, unless an inquiry or concern leads the State Agency to investigate the veracity of the sufficiency of service needs being met in the PSA.

VI) TITLE VII/LEGAL ASSISTANCE ASSURANCES

53. Sec. 307(11)(A) provide assurances that the Area Agency on Aging will –
- (i) enter into contracts with providers of legal assistance which can demonstrate the experience or capacity to deliver legal assistance;
 - (ii) include in any such contract provisions to assure that any recipient of funds under division (A) will be subject to specific restrictions and regulations promulgated under the Legal Services Corporation Act (other than restrictions and regulations governing eligibility for legal assistance under such Act and governing membership of local governing boards) as determined appropriate by the Assistant Secretary; and
 - (iii) attempt to involve the private bar in legal assistance activities authorized under this title, including groups within the private bar furnishing services to older individuals in pro bono and reduced fee basis

54. Sec. 307(11)(D) provide assurances that, to the extent practicable, that legal assistance furnished under the Area Plan will be in addition to any legal assistance for older individuals being furnished with funds from sources other than this Act and that reasonable efforts will be made to maintain existing levels of legal assistance for older individuals.
55. Sec. 307(11)(E) provide assurances that Area Agencies on Aging will give priority to legal assistance related to income, health care, long-term care, nutrition, housing, utilities, protective services, defense of guardianship, abuse, neglect, and age discrimination.

Verification of Older Americans Act Assurances

My signature below indicates that the Lake Cumberland Area Agency on Aging is in compliance and will maintain compliance with all aforementioned Standard Assurances.

Signature: _____

Tonya Bloyd
AAAIL Director

Date

Signature: _____

Claude Tiller
Area Agency Advisory Council Chairperson

Date